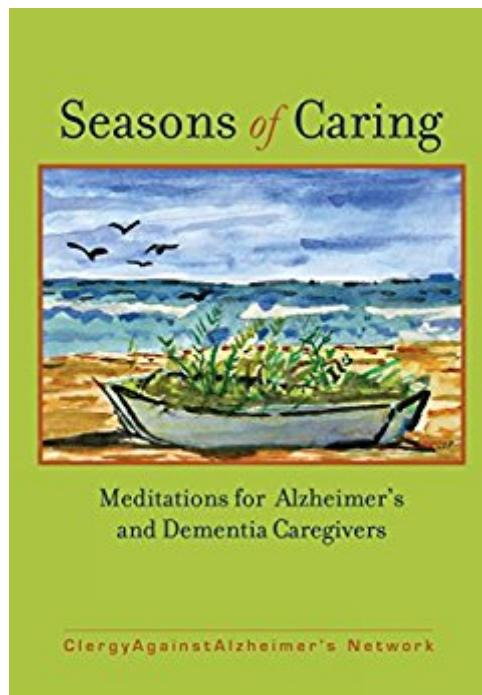




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# Seasons Of Caring: Meditations For Alzheimer's And Dementia Caregivers



## Synopsis

Offering the gifts of hope, encouragement, compassion and empathy to those on the difficult journey of caring for loved ones with Alzheimer's disease and other dementias, Seasons of Caring is primarily intended for the much-needed comfort and support of caregivers. The book is organized around themes and metaphors of seasonal transition, with each of the four seasons paralleling the various stages of life. The 141 entries open with quotes from scripture, sacred text or other inspirational text. The original writings by seventy-two authors representing a great diversity of spiritual traditions range from thoughtful meditations to poignant personal stories, moving poems and meaningful songs. Each is followed by a prayer and words of comfort and encouragement. The book is a product of the Clergy Against Alzheimer's Network, an interfaith national network of clergy, laity, and faith organizations working to focus attention on improved treatment, better care and a cure for dementia. It's also an educational tool for support groups and advocates. Inspiring and uplifting, Seasons of Caring champions the dignity of all those with Alzheimer's and dementia, and is a powerful resource in raising awareness about this disease and helping to remove its stigma. Clergy Against Alzheimer's is a network of USA Against Alzheimer's.

## Book Information

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## Customer Reviews

A Polish rabbi in the early 20th century, the Bet Israel of Ger, said that we should visit the residents of nursing homes because, even though their bodies are not strong anymore, we can see their pure souls. Such a wonderful thought--and such a difficult thing to do. When we visit or work at nursing homes we are so overwhelmed by the loss of health and strength of the residents that we fail to see their pure souls. But this gem of a book helps us do exactly what the rabbi suggested! This book teaches us how to see the soul of those whose mind and body may not be what they were, and in the process, it also teaches us how to bring out the soul of those who take care of them.

This is a fascinating one of a kind book and worth every penny especially since the sale proceeds go to fund research for Alzheimer's and the work of USAgainstAlzheimer's and ClergyAgainstAlzheimer's. The book contains the voices of many different authors reflecting different faith traditions about life, suffering, death, and this dreaded disease. It is organized around the Seasons of the year which is of course a metaphor for the seasons of life and this disease. It is a great exercise to compare the different traditions and what each adds to our understanding of this disease through faith. The writers represent the many places where clergy journey with those they serve through the progression of this disease, and can be very therapeutic for readers who are personally connected to the disease; it is a different form of pastoral care, through writing for the clergy writers who are rabbis, chaplains, teachers, pastors, and faith community leaders. It makes an excellent devotional book for support groups. The book is priceless alone for the art and is such a beautiful book it belongs on the coffee tables of every Doctor's waiting room in the country.

Inspirational writings for a difficult situation. I gave it to my father, the 24x7 caregiver for my mother who is afflicted with Alzheimer's disease and he is reading it when he has a chance. It sits on top of other reading material next to his chair.

While caring for someone with dementia, there are many dark days when some spiritual insight and encouragement is needed. Reading "Seasons of Caring" provides a refreshing perspective on the many joys and hidden blessings found while caregiving. These meditations are a collection of all

faith traditions, providing something for everyone and proving that we are all more alike than we think.

I love this book. It is one of few that is written for caregivers, an often overlooked segment of society. Nicely compiled.

As a professional who has worked with clients suffering from Alzheimer's and other dementias and their care givers for over 20 years I was thrilled to open this book and read the meditations. Each meditation speaks to the heart of Care givers and family members. The meditations are short and direct - with the authors clearly understanding that caregivers don't have a lot of time to read! Each one touches the heart and inspires! Great job to the authors of the meditations and to the editors of this amazing book!

The Meditation book for Caregivers of Alzheimers and dementia patients is very helpful and I applaud the people who must have worked long and hard to write and publish it. Thank you.

An excellent book of reflections on Alzheimer's as experienced and studied by a large number of individuals from many different professions. It will make a good addition to any library.

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